



Summer Class Schedule 2018 DROP-INS Welcome!

[schedule subject to change without notice]

IMPORTANT! Each day begins with a group warm-up at 9:00AM. Missing this important preparation may limit initial participation in class work for the day - dancers arriving late will be instructed to complete a warm-up before entering the workshop class. Please **ARRIVE** ready for your dancer to begin AT 9:00am! We don't want them to miss any of their class fun!

WEEK #1: July 16 - 20

	9:30am-11:00am	11:00am-12:30pm
MON	AIReal Yoga (Acro/Yoga) Workshop with Carrie Schumacher Super cool restorative anti-gravity approach combines Yoga, Pilates, Dance, & Acro using a suspended body hammock.	
TUES	HORTON with Meghan McCaffrey Horton is a modern dance style defined by clear shapes as inspired by indigenous (Native American) peoples. Learn more here: https://www.dancespirit.com/horton-technique-2326036575.html	JAZZ with Meghan McCaffrey Classical Jazz/Theatre Dance is a performance style. Focus will be on building technical lines with strong performance quality for a FUN class experience.
WED	LEAPS, TURNS, AND CONTEMPORARY with Nikki Sao Pedro-Welch Dynamic conditioning techniques to strengthen alignment and expand the dancers approach to balance, rotation, and loft culminating in a cool contemporary combo.	
THUR & FRI	BALLET with Deana Corlis Nothing beats ballet for progressing and maintaining foundational dance technique = a critical part of every dancers' weekly training.	LYRICAL PRECISION with Deana Corlis A fusion of ballet and jazz techniques, dancers will tap in to emotional connections inspired by the musical story line while working the precision for which Ms. Corlis is known.

WEEK #2: July 23 - 27

	9:30am-11:00am	11:00am-12:30pm
MON	HORTON with Meghan McCaffrey Horton is a modern dance style defined by clear shapes as inspired by indigenous (Native American) peoples. Learn more here: https://www.dancespirit.com/horton-technique-2326036575.html	JAZZ with Meghan McCaffrey Classical Jazz/Theatre Dance is a performance style. Focus will be on building technical lines with strong performance quality for a FUN class experience.
TUES & WED	MUSIC THEORY FOR TAP DANCERS with Shaina Schwartz Dancers will work in the Rhythm Tap style while exploring/expanding music theory for tap dancers. This two-day workshop offers information that will benefit dancers across a wide range of dance styles.	
THUR & FRI	DIGITAL DANCE with Sarah Rose Dancers will be introduced to the process of creating best practices (SAFE = classy & clean) dance video production utilizing their own devices. This process will enable them to continue the method following Dance Dayz with the goal that they are able to begin/expand (parent approved) self-promotion production work for any upcoming opportunity.	

DON'T MISS PAGE 2! ADDITIONAL END-OF-SUMMER DROP-IN CLASS OPPORTUNITES ON THE NEXT PAGE!

GREAT NEWS: Summer classes at A Dancer's Dream are **OPEN** for **DROP-INS**. We welcome you to enjoy the fabulous guest and staff teachers we've booked this Summer! Want to expand your dance horizons? We offer a wide range of styles and encourage you to try something new. If you are unsure which level to attend, give our director a holler (contact info below). We look forward to dancing with you!

DANCE DAYZ RATES

SINGLE CLASS (90min) DROP-IN RATE: \$25

6-PACK (six 90min classes) DROP-IN RATE: \$145

Online Registration:

www.adancersdream.net



222 Beacon St Marblehead, MA 01945

781-631-8978





JUST ADDED!
MORE Summer classes = Drop-In Or Dive In!

Introduction to Cecchetti - Ballet Bootcamp with Norma Jean Fowler

August 20-24 5:00-7:00pm

Dive in to pure form and function through the world renowned syllabus of Enrico Cecchetti. Taught with a light-hearted yet fully attuned approach, your dancers will see marked progress while loving the process.



Technique Trio with Carli DiMeo

August 20-24 7:00-9:00pm

Quickly adored by our dancers, Carli brings a freshly focused and fun approach to technique classes. Dancers will explore Contemporary release technique and Jazz articulation, while building strength, control, and the confidence to Leap, Turn, and Dance beyond their perceived limitations.



BALLET BOOTCAMP & TECHNIQUE TRIO RATES

DROP-IN SINGLE CLASS (120min) DROP-IN RATE: \$35

DIVE-IN 6-PACK (six 120min classes) DROP-IN RATE: \$150